

Strengthen Your Login with **Two-Factor Authentication**

2FA

Password + One More Factor

In addition to your password, you'll also need:



An email verification link



A one-time code sent via SMS



A code from an authenticator app



A biometric scan (fingerprint or facial recognition)



Quick Tip

Always enable 2FA on your most sensitive accounts, such as email, banking apps, and work-related systems.

Add More Layers with **Multi-Factor Authentication**

MFA

Password + Two or More Different Factors

MFA combines multiple verification types to confirm your identity more securely.

Look at the following examples:

Password 
+
SMS Code 
+
Face ID 

Password 
+
Email Link 
+
Phone Call Verification 

Password 
+
Authenticator App 
+
Security Question 



Take Action

Review your security settings and activate 2FA or MFA — especially on sensitive accounts like work platforms, email, cloud storage, and banking apps.



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YOUR FIRST STEP TOWARD
SECURING YOUR ACCOUNTS



STOP. THINK. SECURE.

Your First Line of Defense Is a Strong Password



Use at least 12 characters.



Include a mix of uppercase, lowercase, numbers, and symbols.



Avoid using names, birthdates, or common words.



Use a passphrase that's memorable but hard to guess.

Password Safety Tips

Do's



Use different passwords for different accounts.



Keep your passwords stored securely and never share them.



Review your passwords and update them if reused or compromised.



Dont's



Share your passwords with anyone.



Write passwords on paper or store them unprotected.



Use common or easy-to-guess passwords (e.g., 123456, password).



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Your Second Line of Defense Is Authentication

Passwords can be

guessed, stolen, or leaked



that's why authentication is your second line of defense.

It adds another layer



of verification to confirm it's really you trying to log in.

These factors are used in authentication methods like 2FA and MFA:

Something
You Know

Something
You Have

Something
You Are



Password
/ PIN



One-time
passcode



Biometrics